



WORK YOUR LIGHT™

ONLINE COURSE AND
COMMUNITY FOR LIGHTWORKERS

BE THE LIGHTHOUSE NOT THE ELECTRICITY

*“Lighthouses don’t go running all over an island looking for boats to save;
they just stand there shining.”*

— Anne Lamott

You cannot fix or save anyone who doesn’t want to be fixed or saved. If you assume other people are helpless, then you are actually doing them a disservice by taking away the opportunity for them to turn on their own light and be in flow with the Universe themselves.

As a Lightworker your purpose is simply to ‘be the light.’ Being the light does not mean that you become the light source for others by plugging yourself into them energetically.

Being the light means being the light, not being *their* light. Only they can be their light. As you connect with your own light source, you then effortlessly light up the way for others to connect with theirs. Like the Annie Lamott quotes says:

WORK YOUR LIGHT

Is there anyone in your life that you are trying to ‘save’/change/heal?

How is this stopping them from turning on their own light?

Scan your body, are you attached to anyone with an energetic cord running between you and them? Is it draining you or is it draining them or is it draining both of you? Are you willing to release it now?